





Worship | Learn | Connect | Serve | Reach

A huge **THANK YOU** to **Glad Tidings Church** for making First Choice the beneficiary of its annual *Jingle All the Way* musical celebration again last year! Glad Tidings raised **\$9,367** for the mission and ministry of First Choice for Women. Thank you for making a difference for LIFE!



Thank you!

by Pastor Kevin Holt, Board Member

Over the past year I have had the great privilege of serving as the board chair for First Choice for Women. It has been a wonderful year and we have seen God's favor on this life-driven ministry in remarkable wavs. God repeatedly provided resources to grow the influence of First Choice Women. expanded for brought new partnerships to us, given Lisa, our CEO, wisdom in adding to and developing the committed staff, and importantly, 28 babies are alive today because of the ministry made possible by your generosity.

In 2019, I will continue to serve on the board but my responsibilities

in my personal ministry context are more in the next months than would allow me to continue serving as chair. It has been a great privilege to serve in this capacity and I look forward to seeing what God will do over the next several months. Cindy Costerison served with me as the vice-chair last year and will be leading the board in 2019. Cindy is a superb leader with a great passion for babies, mothers, and families, a strong advocate for life, and a person of deep and mature faith. I am excited about what she will bring to this leadership role and the great strides she will lead us to take.

There has never been a more important time for God's people to stand against a culture that is so upside down. Isaiah said that there would be a day when many would

"call evil good and good evil...put darkness for light and light for darkness...and put bitter for sweet and sweet for bitter" (Isaiah 5:20). That describes our America today well. Nothing will change unless we stand up and make a difference. First Choice for Women is one of the best soils in which to plant a seed of generosity because we are committed to challenging the darkness and evil with the light of love and the presence of Jesus. I am excited about the year that is before us and the difference we have an opportunity to make.

Thank you again for the awesome privilege of serving in this capacity. I look forward to a marvelous year and to working with Lisa and Cindy. May God richly bless and prosper you in this New Year!

Together for life!

Kevin J. Holt

First Choice for Women, Inc.

2019 Board of Directors, Staff & Medical Personnel

Board of Directors

Staff & Medical Personnel

Lisa Miller, Chief Executive Officer

Cindy Costerison, Chair
Dr. Kevin Holt, Vice Chair
Jennifer Dickey, Treasure
Todd Lail, Secretary
Ryan Kelly, CPA, CGMA
Dr. Ashley Hunter
Reed Levitz
Michelle Houk, RN
Lori Ramsey
David Karnes, Attorney at Law

Dr. Jeff Ulrich, Volunteer Medical Director
Leslie Hatcher, Center Director
Cathy Grollimund, RN, Nurse Manager
Rick Morris, ARDMS, Volunteer Sonographer
Jen Brand, RN, Volunteer Sonographer
Lisa Cochran, RN, Volunteer Sonographer
Joellen Holzer, RN, Volunteer Sonographer

Sharyll Martin, SRA Director Neil Habegger, SRA Instructor Robert Winebarger, SRA Instructor Rhea Graham, Office Manager



Message from the Chair

by Cindy Costerison, Chairman of the Board

As incoming board chair I have the great honor of continuing the legacy of the many wonderful leaders whom have given of themselves to insure that this ministry thrives - leaders like our 2018 Chairman, Pastor Kevin Holt, who led us to this pivotal point in our story.

Our theme for 2019 is "Together for Life". This is not only reflected in the services that are available to our clients, but a "mini-vision" of how we see things for the coming year. It reminds me of the scripture in Ecclesiastes that says,

"Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up. Though one may be overpowered, two can defend themselves.

A cord of three strands is not quickly broken." (Ecclesiastics. 4:9, 10, 12)

These verses accurately describe the activities that take place in both centers every single day. We have a team atmosphere (two are better than one!) to support men and women who truly need a "team" to come alongside them!

The many facets of each Center,

from Ultrasound, to ParentCare, to Diapers, to educating young people about their sexuality from a Biblical worldview, exists to support the best *first choice*, which is life for the unborn. While this *first choice* is our desired outcome, we also continue to love and nurture those who go a different path.

We have some big goals for the coming year and invite you to join us at this exciting time! We are so very blessed by your prayers, your gifts, and our volunteers. We humbly ask for your support in every area.

Together for Life!

Cindy Costerison, Board Chair



To RSVP visit our website at www.firstchoiceforwomen.org, click on *Give Some Help*, go to *Our Events* menu, select *Annual Banquet* and click on *RSVP Today!* Or contact Rhea Graham at 765.286.6085 x18.

VOLUNTEER SPOTLIGHT

STEPHANIE TATE



Stephanie Tate volunteers as a ParentCare Mentor and Pregnancy Test Advocate at First Choice for Women of Anderson & Madison County. As a teenage mother herself, Stephanie has a heart for young mothers, and serves an average of 8 hours a week. "I know the struggles and judgement these girls face every day," said Stephanie. "I want them to know that their situation doesn't have to define them. They can care for their child AND achieve their goals. I especially love praying with them and helping them find hope in Iesus."

Stephanie and her husband Daniel have three daughters and attend Harmony Christian Church in Elwood. In her free time, Stephanie enjoys reading and listening to music. Thank you Stephanie for your dedication to First Choice for women, you truly make a difference in the lives of the young women we see each week!

WANT TO BE A BLESSING? BE A VOLUNTEER!

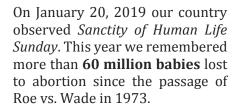
Are you, your small group, or anyone you know interested in learning more about our programs or how to become a volunteer at our Muncie or Anderson location?

Please Contact:

LESLIE HATCHER, CENTER DIRECTOR leslie@firstchoiceforwomen.org (765)286-6085

Client Connection

by Leslie Hatcher, Center Director



Because of the ministry of First Choice for Women, 28 babies have been saved from that same fate - in the last year alone! Their mothers also have been spared the lifelong regret so often experienced by post-abortive women. Our CEO Lisa Miller notes, "Just imagine, in five years these 28 lives will make up an entire classroom of kindergarteners!"

We recognize that it is the Holy Spirit speaking through our staff and volunteers as we share the truth about LIFE with our clients. As Jesus counseled his disciples in Matthew 10:20, "For it is not you who speak, but the Spirit of your Father who speaks in you", we too stand on that promise; not only for pregnancy life decisions, but for eternal life decisions as well.

Making a Difference for Life

Ashley₁ has been attending our ParentCare classes for nearly 4 vears. developing trusting relationships with many of our volunteer mentors. completing most of the parenting lessons in our program, Ashley's mentor, Debby, suggested that she begin the Bible Study lessons in our curriculum, and Ashley agreed. Having little knowledge of the Bible, Ashley studied both the Old and the New Testament. Her noted many mentor the



prophecies and verses pointing to Jesus as Messiah. After Christmas, they began studying the birth of Christ and His purpose for coming to the earth. Debby then briefly reviewed all they had learned from Genesis to the book of John. She asked Ashley if she believed that Jesus was the promised One and if she was ready to accept Him as her Savior. Ashley said "yes" and gave her heart to Jesus that very evening!

We rejoice with Debby and all those who have faithfully planted seeds in Ashley's life during her years with First Choice. The gospel is weaved into everything we do at First Choice for Women, from the moment a client walks in the door and throughout her time with us. We are honored to witness His redemptive work in Ashley's life. Praise the Lord!

FAST FACTS

67%

67% of those polled in the U.S. support Roe vs. Wade₂

74%

74% of women ages 18-44 in the U.S. DO NOT want Roe vs. Wade overturned $_{\rm 2}\,$

- $_{\mbox{\scriptsize 1}}$ Name(s) have been changed to protect the identity of our client(s)
- 2 https://www.kff.org/womens-health-policy/poll-finding/further-findings-from-kaisers-june-health-tracking-poll-womens-issues/

Dan Litz Eagle Scout Project Keeps Clients Safe

First Choice for Women was blessed to be the recipient of an Eagle Scout project by Dan Litz and Boy Scout Troop 77.

Dan helped raise the funds needed to enclose the First Choice patio in Muncie. He built planter boxes and made concrete benches, to not only beautify our property, but also to provide a safe place for clients to wait for transportation with their active toddlers – keeping them away from the busy street!

We are very thankful for Dan Litz, the Litz family and Boy Scout Troop 77!



"Let us not lose heart in doing good, for in due time we will reap if we do not grow weary." ~ Galatians 6:9



SRA Update

by Sharyll Martin, SRA Director

marriage education. Outlined below are the major points of each type.

Let's Think About It

"This made me think of the choices I've made and how bad they are, and I regret it, I really do."

~ Selma Middle School Student

"This really helped me understand all the effects of being sexually active at a young age. I honestly thought I would be sexually active, but this course has helped me realize it's not worth the risk." ~Delta High School Student

The first comment above speaks to the unfortunate consequence of wishing you had known better before doing something you can't take back. The second statement is reflective of our goal for every student receiving abstinence-only education in our schools. Both comments demonstrate that the curriculum is encouraging young people to think about it.

2018 Fall Semester

We provided abstinence-only education to 1,936 students last fall. We ask students to answer several questions at the end of the course, including "will you choose abstinence, secondary abstinence or sexual activity" going forward. On average, 88% chose to be abstinence.

There are two basic types of sex education, one commonly called comprehensive sex education and the other, abstinence-until-

Comprehensive Sex Education

- Sexual behavior is a human right.
- Reducing risk is the goal.
- Sex education begins in kindergarten.
- Sex education includes contraception instruction.
- Abortion is a choice and an alternative to pregnancy.
- Gay, lesbian, bisexual, transsexual and questioning life-styles are embraced.
- All forms of sexual activity are accepted.
- Pornography is an activity that some people enjoy.
- Individuals should feel free to discover who they are as sexual human beings by experimentation.
- Belief systems excluding tolerance are not acceptable.
- Parents are not necessary in the sex education process.

Abstinence-Until-Marriage Education

- Sexual abstinence until marriage eliminates health risks.
- Children can achieve their goals and dreams without the distraction of consequences from sexual activity.
- Learning to develop friendships without physical

- intimacy is essential to healthy marriages.
- Multiple sexual partners can be dangerous to one's physical, emotional, mental and social health.
- Pornography is dangerous to the individual and society.
- Religious beliefs and heritage surrounding sexuality should be embraced.
- Parents are the primary sex educators of their children and are an essential part of abstinence-until-marriage education.

Respect foundational healthy relationships. Healthy relationships are a reflection of healthy people. The Creating Relationships Positive (CPR) curriculum used by First Choice, is abstinence-until-marriage program that teaches the importance of respecting ones self and others. CPR promotes the fact that people can create and maintain positive relationships without sexual intimacy until they are married. First Choice discusses everv bullet point in abstinence-until-marriage section during our week long presentations.

Please pray for our instructors and the youth we will be talking to this semester. We appreciate you!

WANT TO HELP GUIDE OUR YOUTH?

Volunteer to be an SRA Instructor and help educate our youth about healthy relationships and the importance of abstinence. Contact us today to learn how you can make a difference!

SHARYLL MARTIN, SRA DIRECTOR abdirector@firstchoiceforwomen.org

(765)286-6085



Annual Report

SAVING AND CHANGING LIVES IN EAST CENTRAL INDIANA

2018 IN REVIEW

Dear Friends,

I can't tell you what a blessing it is to be serving the Lord here in this position!

Over the last 5

years I have had the pleasure of watching the Lord transform our efforts into a thriving ministry spanning two counties!

Each year I have the privilege of praying and asking the Lord for His direction and vision for the coming year. This year, through a variety of circumstances, He placed the phrase "Together for Life" in front of me. What does that mean, and how will that impact our vision for 2019? Ephesians 4:16, says, "From whom the whole body, being fitted and held together by what every joint supplies, according to the proper working of

each individual part, causes the growth of the body for the building up of itself in love". Thinking about this passage, I believe He is calling us to work together in these tumultuous times for the unborn.

At First Choice, this will include adding to staff, increasing the number of volunteers at each center, expanding hours and growing the abstinence education program in Anderson, seeing more abortion minded clients, and adding programs that will broaden our range of services and help us to be more proactive in our communities.

In order to accomplish these objectives, we need individuals in the body of Christ to join us in our efforts by using his/her talents to strengthen the First Choice for Women ministry.

If you are already partnering with First Choice for Women, I want to personally thank you and hope that you are encouraged as you read this newsletter and see a snapshot of the amazing things God had done in the past year.

If you are new to First Choice and are looking for a place to be involved where God is already at work in an incredible ways, we ask that you consider partnering with us today - prayerfully, financially, and/or by getting involved as a volunteer. Together we will see lives saved. young instructed on the importance of abstinence before marriage, and women's, men's, and family's lives truly transformed for the glory of God!

Together for LIFE!

Chief Executive Officer

2018 Annual Report

FINANCES

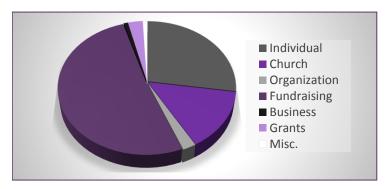
At First Choice, we believe in making the most of every dollar that is donated and work diligently to be good stewards of your gifts.

Individual Gifts \$ 101,376 Church Donations \$ 52.874 Organizational Gifts \$ 8,378 Fundraising \$ 190,556 Business Donations \$ 3,141 Grants \$ 11,075 Misc. Donations \$ 2,935

Total Contributions \$370,335

Total In-Kind Material Donations & Services \$32,527

Total Income \$402,862



SERVICES

ALL FREE OF CHARGE:

- Pregnancy testing
- Ultrasound confirmation of pregnancy
- Options counseling
- Community referrals
- Sexual integrity and STD education
- Parenting classes
- Material support
- Baby Bucks incentive program
- Post-abortion recovery program

CLIENT STATISTICS

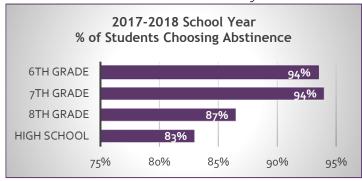
Number of Clients: 613 ↑ 8% over 2017
 Client Visits: 2,523 ↑ 12% over 2017
 Pregnancy Tests: 279 ↑ 10% over 2017
 Positive Results: 144 ↑ 28% over 2017

28 Abortion-vulnerable clients CHOSE LIFE for their babies!

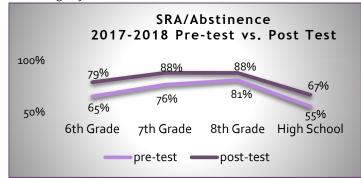
SRA/ABSTINENCE STATISTICS

During the 2017-2018 School year and summer programs our Creating Positive Relationship Program (CPR) was taught to 3,191 students in 21 schools and youth organizations throughout Muncie/Delaware and Anderson/Madison County.

After completing the CPR program, an average of 89.25% of students chose abstinence over sexual activity.



After completing the CPR Program, knowledge levels increased by an average of 11%



COMMUNITY SERVICES

- Sexual integrity and pro-life educational programs
- Speakers for women's groups and special events
- Surrendering the Secret post-abortion recovery program

OPPORTUNITIES FOR INVOLVEMENT

- Prayer the foundational need of a successful ministry
- Life Ambassador be our contact person in your church family
- Financial Become a monthly partner, give a one-time gift or give a gift in memory or honor of a loved one or friend
- Volunteer Become a client advocate or help us out by answering the phone, or a million other jobs - we need everyone!
- Donate diapers, baby clothing, toys, or baby toiletries
- Church and group service projects

Community **Connections**

Many thanks to the Ladies





Thank Jou!

Alpha Kappa Alpha



Our Church Spotlight this quarter is Grace Baptist Church in Muncie. Located on the corner of South Nebo and River Road, Grace Baptist was founded in 1963. Rory Bond became Senior Pastor in 2012 after the retirement of Dr. Glenn Collins, who served in that position for over 45 years. Pastor Bond and his wife



Amy
were
called to
Grace
Baptist
in 1997
and had
served
in both
youth
and

adult ministries prior to accepting the position of Senior Pastor.

With a congregation of nearly 400 people, Grace Baptist Church offers Bible Fellowship classes for all ages on Sunday mornings at 9:30am, Worship Service at 10:30am and Sunday evening services at 6:00pm. They also hold mid-week services at 7:00pm on Wednesday evenings that offers a selection of Bible study topics for adults, in addition to children and vouth education programs. "We are a church that is large enough to have a variety of programs, yet small enough to build relationships", notes Pastor Bond. "We are a traditional church with traditional music that preaches and teaches the Word of God."

The mission of Grace Baptist is to "make disciples and to equip them for service for the pleasure and glory of God." This mission results in a multifaceted approach to ministry. One of their major outreach efforts is Heritage Hall Christian School, an accredited school offering a "Christian education in a Christcentered setting" for over 50 years. With approximately 230 students from pre-school through 12th grade, Heritage Hall is a participant in the Indiana School Choice Program and a member of the Indiana Academy of Christian Schools for academic and athletic activities.

Another program with significant impact on the community is **Reformers Unanimous**, a biblically based addiction discipleship program. For 10 years Grace Baptist Church has hosted this weekly meeting offering hope and help to those struggling with addiction. "For a long time churches didn't know how to help addicts and addicts didn't find much help at church either", said Pastor Bond. "This program blends God's Word with the hope they need for change. We also have a presence at the Delaware County Jail ministering to men and women dealing with addiction issues. Upon release, they attending the weeklv begin meetings at Grace."

Grace Baptist is also the home of the *Center for Biblical Counseling*, an all-inclusive counseling center

which offers free counseling services to anyone in the community.

Grace has a heart for people and for sharing the gospel both locally and globally. They support over 40 mission organizations and families. First Choice for Women is honored to be one of those ministries.

"First Choice for Women has been on the front lines in the battle for life", Pastor Bond stated. "We as the church have to get in the fight to save baby's lives and save these women from suffering lifelong regret from an abortion decision. Since Roe vs. Wade over 60 million babies have been aborted. We believe that life begins conception. We also believe that many have made abortion choices without the full understanding of the consequences. First Choice is sharing this truth with women, saving and changing lives every dav."



Thank you Pastor Bond and the congregation of Grace Baptist Church for your support for the ministry of First Choice for Women.

For more information, visit www.gbcmuncie.org.

Did you know?

by Lisa Miller, CEO

United Way Gives

Did you know that First Choice for Women can receive donations through the United Way? All you have to do is designate the funds when pledging through your company's United Way campaign drive.

Kroger Community Rewards

Did you know that every time you shop at Kroger or Payless stores in Anderson OR Muncie, Kroger will donate to First Choice for Women through Kroger Community Rewards? Simply sign-up for a Community rewards card at https://www.kroger.com/account/communityrewards/, complete the

registration form, enter First Choice for Women in the "Find an Organization" box, click the SEARCH button, then select the location you want to receive the donation (i.e. FIRST CHOICE FOR WOMEN, INC-ANDERSONMADISON CO, or FIRST CHOICE FOR WOMEN, INC-MUNCIE) by clicking the ENROLL button.

Matching Contributions

Did you know that many business offer matching contribution to qualified 501 (C) (3)'s like us?

First Choice for Women currently recieves matching donations from Bristol-Myer Squibb, but there are many other companies that offer this benefit. Check with your employer to see if matching contributions are available for you!

Corporate Giving Programs

Do you know if you employer has a giving program?

Many businesses want to increase their impact and employee engagement with a giving program that will yield the most beneficial outcomes. First Choice has been vetted by, and currently recieves employee donations distributed from his/her employer through Benevity. Find out if your employer offers a giving program today!

Choose Life License Plates

Did you know when you select an "Indiana 4 Life/Choose Life" license plate in Delaware or Madison County, First Choice will receive a portion of the purchase price? To learn more or get your plate visit www.in.gov/bmv/2620.htm today!

Shop on Amazon? Support First Choice by Shopping amazonsmile

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchase to First Choice whenever you shop on AmazonSmile!

- AmazonSmile is the same Amazon you know. Same products, same prices, same service.
- How do I shop at AmazonSmile?

To shop at AmazonSmile simply go to smile.amazon.com from the web browser on your computer or mobile device. You may also want to add a bookmark to smile.amazon.com to make it even easier to return and start your shopping at AmazonSmile.

Which products on AmazonSmile are eligible for charitable donations?

Tens of millions of products on AmazonSmile are eligible for donations. You will see eligible products marked "Eligible for AmazonSmile donation" on their product detail pages.

Can I use my existing Amazon.com account on AmazonSmile?

YES! You use the same account on Amazon.com and AmazonSmile. Your shopping cart, Wish List, wedding or baby registry, and other account settings are also the same.

How do I select to support First Choice for Women when shopping on AmazonSmile?

On your first visit to AmazonSmile (smile.amazon.com), **before you begin shopping**, you need to select **First Choice for Women**, **Inc.** as your charitable organization in order to allocate donations from eligible purchases. AmazonSmile will remember your selection, and then every eligible purchase you make at smile.amazon.com will result in a donation.

























Proclaiming Jesus and His Life-Changing Word www.trinitybaptistmuncie.org



UROLOGY ASSOCIATES COR FORTIUM WEALTH MANAGEMENT

TYLER



AM CONSTRUCT **BUILDING BRIGHTER DAYS FOR YOU**















Todd & Magy Lail

VITZ PROPERTY GROUP

Dean Kradle

RATCHFORD PROPERTIES L.L.C.



Dave & Jen Brand



Whitinger & Company llg



Jon & Kathleen Barrett

Gary A. Schliessman, LUTCF Insurance Broker















FOOTE, DAVIS **ASSOCIATES**





You Make a Difference ♥ Get Involved Today!

	\square I would like to learn about becoming a First Choice for Women volunteer or board member.
	☐ I would like to be a Life Ambassador for First Choice with my church/group/organization.
	□ I would like to learn more about becoming a volunteer Abstinence Education Instructor.
	□ I am considering a gift or becoming a monthly donor, please contact me.
	□ Please add me to your email list in order to save postage expense.
	☐ I will be a prayer partner and commit to pray for this ministry.
	☐ I would like to be a team captain at the next Walk for Life.
	☐ I would like to be a table host at the next banquet.
Nar	me
Add	dress
City	StateZip
Pho	oneEmail



YES! I Want To Give the Gift of LIFE Today!

Designation: ☐ Muncie ☐ Anderson ☐ One-Time Gift ☐ Recurring Monthly Donation	YES! I want to become a monthly giver. Go to www.firstchoiceforwomen.org , click the GIVE SOME HELP button then click on		
□\$15 □\$25 □\$50 □\$100 □\$250 □\$500 □\$1,000 □\$2,500 □\$5,000 □\$10,000 □\$	the DONATE menu OR Complete this form and mail it to:		
☐ Check Enclosed ☐ Charge my credit card (complete section below)	First Choice 3020 N Oakwood Ave		
☐ Master Card ☐ Visa Card#	Muncie IN 47304 Or		
Expiration:/ Three digit CVC (on back of card):	1817 N Madison Ave Anderson, IN 46011		
Billing Address: Get a Choose Life license plate today!			
Charge me \$ on the day of each month	C O O O O		
Name:	Visit: https://www.in.gov/bmv/2620.htm		
First Choice is a 501 C 3 not-for-profit ministry donations are tax deductible as permissible by law TIN# 35-1695860 1stOTR NL2019			

QCD Could Be the Right Choice for You!

Are you over age 70 ½, have a Traditional IRA, and are interested in potentially reducing your income taxes while contributing to a worthy cause? **Discuss a Qualified Charitable Distribution (QCD) with your CPA, tax preparer or wealth management representative today!**

Upon reaching age 70 ½, account holders of Traditional Retirement Accounts must take an annual Required Minimum Distribution (RMD) from the account. The IRS permits the account holder to send the RMD (or more, up to \$100,000) directly from a Traditional IRA (only) to a 501(c)(3), like First Choice for Women, as a charitable contribution, excluding the contribution from your taxable income.

With the 2018 tax law changes that increase the Standard Deduction, many people will no longer itemize and therefore do not get a tax benefit from making charitable contributions. Utilizing the QCD allows people to continue to contribute and eliminate those gifts from taxable income.

Please discuss this strategy with your CPA, tax preparer or wealth management representative and reduce your income taxes while helping to save and change lives through your support of the First Choice for Women ministry.

TYLER WEALTH MANAGEMENT



NON-PROFIT ORGANIZATION U.S. POSTAGE PAID MUNCIE, INDIANA PERMIT NO. 866

[Addressee] [Street Address] [City, ST ZIP Code]