

First Choice





First Choice for Women of Anderson & Madison Co.

Annual Fundraising Banquet Thursday March 5, 2020

At The Paramount Theatre 1124 Meridian Street Anderson Indiana 46016

RSVP at online at <u>www.firstchoiceforwomen.org</u>, (hover over *Our Events* menu and select *Annual Banquet*) or by phone at (765)286-6085

Seating is limited; reservations required by February 21, 2020

We Do Food

- Catering for Fine Dining
- Casual Catering Experiences
- National School Lunch Programs





We are on a Courageous mission.

At First Choice for Women, we are continually looking for ways to

improve and expand our services. With that in mind, we ask that you join us in praying for the provision of our many needs, including volunteers, material support, and financial contributions.

We are proud that we can provide parenting classes to young parents, so they are not left on their own once they choose life for their child. We are excited that we can mentor those parents until their child is 3 and ½ years old!

As hours expand and

services grow in the Centers, we need more volunteers - not only within the Centers, but in the Churches also.

Why?

Because we need to reach the women and men who are facing unplanned pregnancies in our community, and the statistics below indicate, that many can be found in our very own churches.

- 70% of women who have had abortions identify themselves as Christians.*
- 4 in 10 women who have had abortions were regularly attending church at the time.*

A Message from the Chair

by Cindy Costerison

• According to our affiliate organization, Care Net, 91% of people responding to their study indicated that they wanted more information from their pastor on abortion and topics related to the beginning of life, right to life, contraception, adoption, and unwed mothers.



These young people often have no support prior to coming to First Choice. However, if they knew ahead of time that their church would support and love them during this difficult time, they would be more likely to cling to that support and make a life-affirming decision.

We have both a challenge and an opportunity set before us today. If a woman in your church was facing an unplanned pregnancy, is there someone she can turn to for support? It is a question we cannot afford to ignore. So let's be *courageous* in our efforts to serve and support these young women!

Life Ambassadors

First Choice for Women is actively recruiting Life Ambassadors for churches. These individuals have a passion for the pro-life ministry and are willing to be a representative for First Choice in their home church. They advocate, not only for expectant mothers and fathers, but

> also for the ministry itself. It is a critically important role and there is a great need for the transformative power of Jesus Christ to be available to these women and men.

> God is the author and sustainer of life. He beautifully illustrates this in Psalm 139:13-16 "for you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made. Your works are wonderful, I know that full well. My frame was not hidden

from you when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in your book, before one of them came to be."

Lord, grant us Your supernatural and transformative power to continue to *embrace grace* and address this sensitive subject in a way that builds life abundantly! Your word promises that love conquers fear. We pray that Your love will conquer our fears, as well as the fears of the parents of unborn babies. Let love and forgiveness be the cornerstone of all that we do, for we do it in Jesus name. Amen.



Be still, and know that I am God... ~Psalm 46:10

IT TAKES COURAGE TO CHANGE THE WORLD!

First Choice Anderson to Remain in Madison Avenue Property

by Alyssa Ritchie, Center Director Anderson

Looking back over this past year in Anderson we are abundantly grateful for the many blessings poured out in front of us, but we are also thankful for the growth that came from the challenges that were presented as well.

One of the early challenges was when the building we lease was listed for sale by the owner. Immediately following that announcement we began searching for a new home in Anderson.

Then, in the midst of a roof replacement, the current building was flooded by torrential rains. The water damage was extensiveleaving the ultrasound machine inoperable and the office temporarily closed. At this time, we reached out to the community seeking prayer for direction and asking for support as we diligently searched for a permanent location.

We were looking with the intention to buy a property and as a ministry, we prayerfully asked God to lead our steps in this pursuit.

After exploring the options presented to us over the past year, it seems as though God is asking us to remain "still" and trust His plan for us at 1817 N. Madison Ave., so here we will remain for as long as the Lord wills it.

There is such a significant need for our services in Anderson & Madison County; from ultrasounds and pregnancy tests, to practical needs and saved lives - God is showing up A SAFE PLACE FOR TOUGH DECISIONS

and lives are being changed!

We have expanded hours of operation and grown in volunteer commitments allowing us to serve the women and families in our community. We hope to focus on helping as many people in need as possible in 2020!

We are thankful for the support, love, and prayers of each of you, and we look forward to a new year of blessings and challenges!

WANT TO HELP SAVE & CHANGE LIVES IN EAST CENTRAL INDIANA.?

Are you, your small group, or anyone you know interested in learning more about our programs or how you can make a life-saving, life-changing difference in Anderson/ Madison Co. or Muncie/Delaware Co.?

Please Contact:

LISA MILLER, CEO lisa@firstchoiceforwomen.org (765) 286-6085



Many thanks to Rachel Grile, Premier Designs Jewelry Accessory Stylist, for hosting a Premier Designs Jewelry fundraiser last October to benefit First Choice for Women!

If you would like to host a Premier Designs Jewelry party please contact Rachel Grile at http://glamitupwithrachel.com

Our sincerest gratitude to Josh Perkins and Plant Studio Landscape for their many years of service to First Choice for Women - THANK YOU SO MUCH!





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Small Group Hosts Baby Shower for First Choice



Anderson Volunteer Brunch Hosted by Hope Church







Faith Church Service Project







ICA Kinder Kids Christian Preschool Baby Bottle Fundraiser





Joyce Grollimund - Massive Money Maker



2019 Anderson Walk for Life Award Wil Dubois - Rockin' Recruiter

2019 Anderson Walk for Life





As the Center Director in Anderson and Madison County, I hear the stories, tragedies, and testimonies of the clients we serve every day. It is such a privilege to be a part of an organization that pours grace, love, and compassion into every woman, child, and family who walks through its doors ...women just like Sarah*.

Late Friday afternoon, Sarah received a phone call from the local authorities requesting that she immediately come to pick up her niece and nephew. Sadly, the two toddlers had just been physically removed from their home by DCS (Department of Child Services). With very little detail, Sarah anxiously left work and hurried to pick them up. After arriving Sarah was briefed on the situation and asked to take the two toddlers directly into her custody. Sarah agreed to take the children, despite lacking the resources she needed to care for them at that time.

After arriving home with the toddlers, Sarah reached out to a trusted neighbor in hopes that she might know of some community resources that could help in this urgent situation. (The children were placed in Sarah's care wearing nothing but the t-shirt on their backs – no diapers, no socks, and no shoes – just a t-shirt.)

Unable to meet the current needs of the two additional children financially, Sarah needed help – and fast! That Friday afternoon, I took a

Making a Difference in Madison Co.

by Alyssa Ritchie, Center Director Anderson

call from Sarah's neighbor requesting I meet her at the Anderson Center where she could get some diapers for the two toddlers. When I arrived at the center to meet with Sarah, not only was she accompanied by her neighbor, but also with both toddlers and Sarah's teenage son.

I wasn't prepared for the shock of seeing these two babies dressed in nothing but a filthy t-shirt. Covered in muck and human waste, it was apparent that they had not been bathed in quite some time. It was less than 50 degrees outside and the toddlers had no coats, blankets or shoes. As long as I live I will never forget the look of shame and despair on Sarah's face as the tears cascaded down her cheeks. What I witnessed was far beyond anything I could have imagined when I first received the call for help. I am so thankful that First Choice was here to help Sarah with diapers, toiletries, blankets and clothes, and that we were able to provide those sweet babies with books, coats and shoes! But most of all, I am grateful that your support permitted us to share about the love of Jesus Christ!

All of this was possible because of YOU! Our doors are open because you volunteer, our lights are on because you provide financial support, and our baby boutique is stocked because you donate clothes and other material items – thank you so much!

I would like to encourage you with a scripture, Luke 6:38 states "Give and it will be given to you: good measure, pressed down, shaken together, and running over will be put into your bosom. For with

the same measure that you use, it will be measured back to you."

Every person who has ever volunteered, prayed for, or supported First Choice has had a significant impact in the lives of those who are touched by this ministry.

Sarah left encouraged and empowered, and will be a blessing to those two little toddlers. She found comfort in knowing that First Choice for Women will be here to help her with grace and love.

Thank you for having the courage to change the world – one life at a time... or 2 or even 3 lives at a time!



Brand New Ultrasound is installed at Anderson and Madison County Clinic!

Center Director Alyssa Ritchie notes, "We have done more ultrasounds in the first few weeks of January than we did in all of 2019 – I cannot wait to see what all God has in store for the rest of 2020!"

VOLUNTEER SPOTLIGHT

Debby Vaughn



"I thought about volunteering for quite some time before I decided to listen to my heart and just do it. I'm so thankful I did!"

Debby Vaughn volunteers as a ParentCare mentor on Tuesday evenings. A teacher at Heritage Hall School for over 35 years, Debby has a heart for educating families. "I wish all mothers could watch our videos and complete our classes! From early pregnancy through early elementary years there is a wealth of information for mothers and their partners. I have even used some of the techniques in my kindergarten classroom! It is a blessing to work with each of my clients!"

Debby and her husband Gary attend Grace Baptist Church in Muncie. They have been married 41 years with 2 children and 5 grandchildren.

WANT TO MAKE A DIFFERENCE? BE A VOLUNTEER!

Are you, your small group, or anyone you know interested in learning more about our programs or how to become a volunteer at our Muncie location?

Please Contact:

LESLIE HATCHER, CENTER DIRECTOR leslie@firstchoiceforwomen.org (765)286-6085

The Client Connection

by Leslie Hatcher, Center Director Muncie

King David states in Psalm 139:16 "Your eyes saw my substance, being yet unformed. And in Your book they all were written, the days fashioned for me, when as yet there were none of them." The Bible is clear that God is not only the author and creator of life but also has a plan and purpose for each one of us. This unknown potential is the very mystery of life...only God knows. No matter the circumstances, God has a purpose for each baby conceived. At First Choice, we strive to share that truth with every client who walks through our doors.

Kathy₁ was in shock after her home pregnancy test showed a positive result. She came to First Choice to confirm the test and to receive an ultrasound. Already a single mom of a toddler, her situation was a difficult one. In addition to paternity concerns, Kathy had a health issue that could complicate the pregnancy. She felt that abortion was the solution – it would solve the problem for everyone involved.

As Kathy listened to the Options Counselor discuss the unknown potential of the life growing inside of her, she came to realize that abortion wasn't the best choice. "I can't do it," she stated. "That's not who I am as a person. It's going to be hard, but I know First Choice will be here to help me."

Thanks to your continued support, we WILL be there to help Kathy discover the abundant life God has planned for both her and her baby. She has begun parenting classes and is now excited about the pregnancy. "I feel like I can talk honestly with the staff at First Choice. They support me like family," Kathy later noted.



Safe Sleep Practices Are Key

The CDC reports about 3,500 sleeprelated deaths among U.S. babies each year. According to CDC Director, Brenda Fitzgerald M.D.₂, "unfortunately, too many babies in this country are lost to sleep-related deaths that might be prevented. We must do more to ensure every family knows the American Academy of Pediatrics (AAP) recommendations."

First Choice for Women is doing exactly that with its Safe Sleep Program! First Choice not only teaches parents/guardians the AAP recommendations for proper sleep practices, they also provide a brand new crib and mattress sets or a pack-n-play to ensure that babies have a safe place to sleep!



FAST FACTS

90% of Sudden Unexpected Infant Deaths (SUID) in Indiana occurred between o-6 months of age 3

20%

The SUIDs rate is 20% higher in East Central Indiana than it is in the rest of the state of Indiana 3

 $_{\rm 1}$ Names have been changed to protect the identity of the clients we serve

² https://www.cdc.gov/media/releases/2018/p0109-sleep-related-deaths.html

³ https://www.in.gov/isdh/files/Eastern%20Region%20SUID%20Fact%20Sheet%202013-2017%20SS%20Colors.pdf

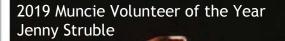


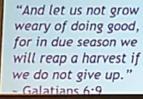
Muncie McAlister fundraiser Coordinated by the Hearn family





2019 Tony Rolli Award winner Rob Tyler













You Make a Difference

It has been an honor to serve as CEO in this ministry for the past 6 years. In that time I have witnessed an outpour of support and growth that is nothing short of miraculous! I have felt the stinging arrows of the enemy who tries to discourage and destroy. I felt the overwhelming love and mercy of Jesus as He carried me through those trials. In the end "we know that all things work together for good to those who love God, to those who are called according to His purpose". This ministry is called to serve His purpose - to share the gospel and the truth about life, to show grace and love to those in need, and to give hope to the hopeless.

Through your service as а volunteer, donor and prayer partner, you have enabled First Choice to reach tens of thousands of young women, men and families, AND have saved hundreds of babies from abortion - spanning more than three decades; you have literally helped to save a generation! Thank you so much for having the courage to make a difference in our world!

2019 Fiscal Year

We at First Choice believe in making the most of every dollar that is donated, and work diligently to be good stewards of your gifts. We are very excited to share that the 2019 fiscal year ended very well! If you have not had an opportunity to read our Annual Report, you can find it

Operations Overview

by Lisa Miller, CEO

with all the 2019 statistics on our website at the web address below <u>https://www.firstchoiceforwomen.</u> <u>org/about-us/finances/</u>, or request a copy from one of our offices. In the interim, I would like to share a few of the items outlined in the report.

The year-end organizational totals are as follows:

ORGANIZATION TOTALS

Total Income: \$473,647 Total Expenses: \$426,069 Net Income: \$47,279 (excluding depreciation)

ANDERSON ONLY

Income: \$161,946 Expenses: \$157,772 Net Income: \$4,174

MUNCIE ONLY

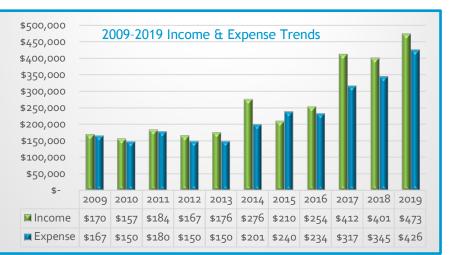
Total Income: \$311,700 Total Expenses \$268,596 Net Income: \$43,104

Thank you so much for making this another great year! Because of YOU we were able to expand programs and hours of operation, share the love of Jesus, give babies a safe place to sleep and a dry diaper to sleep in, and teach young people about the importance of abstinence before marriage – not to mention keeping the doors open and the lights on!

Income Sources:

Individual Gifts	\$ 161,265
Church Donations	\$ 55,299
Organizational Gifts	\$ 3,067
Fundraising	\$ 201,071
Business Donations	\$ 5,326
Grants	\$ 3,750
Misc. Donations	\$ 4,388
🛾 In Kind (Non-Cash)	\$ 39,482





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A HUGE THANK YOU to Scot & Jo Boyce for nearly 35 years of dedicated service and support of the First Choice for Women Ministry!

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Unfortunately, many people believe that *Comprehensive Sex Education* (CSE) is superior to *abstinence-only* programs. While CSE can include abstinence-only information, it also includes information on "safe sex" practices, which is a form of <u>risk</u> <u>reduction</u>, not the <u>risk prevention</u> found in abstinence-only based curriculum like that of the Creating Positive Relationships (CPR) offered by First Choice for Women.

As *a Sexual* Risk Avoidance (SRA) program, CPR covers a multitude of topics, including:

- Healthy communication with parents and peers
- Setting goals and creating a plan to accomplish those goals
- How peer pressure impacts decision-making,
- The signs and symptoms of STI's (sexually transmitted infections), and knowing what infections are curable and incurable, and how those infections are transmitted.
- How to have a healthy relationship

Just as education regarding alcohol, drugs and tobacco use emphasizes avoiding the risks of those types of behaviors; CPR also educates and recommends avoiding the risky behaviors associated with sexual activity. Even though it is a fact that some teens will use alcohol, drugs and tobacco, there is no real way to engage these activities "safely."

Assuming all teens will engage in any risky behavior is selling them

All About Abstinence

by Sharyll Martin, SRA Director

short. The CPR message is a clear one: in order to avoid the risks associated with sexual activity, waiting for an established longterm relationship, like marriage, is the healthiest choice.

CPR Meets Indiana Academic Standards

Creating Positive Relationships meets state requirements for health and wellness and includes:

- Concepts related to health promotion and disease prevention to enhance health
- An influence analysis of family, peers, culture, media, technology and other factors on health behaviors
- Instruction on how to access accurate and factual information on products and services to enhance health
- How to use interpersonal communication skills to enhance health and avoid or reduce health risks;
- Instruction that demonstrates the ability to use decisionmaking skills to enhance health
- Instruction that demonstrates the ability to use goal-setting skills to enhance health

What teachers say about CPR

One high school teacher always tells her students that CPR is "the only relationship-based program they are likely to encounter while in school." She also stated, that it would be great if seniors were required to take the class before graduation, given their increased maturing levels; noting that "it works for every relationship regardless of whether it is a romantic relationship or a platonic one."

Another teacher stated that, "the instruction and content of CPR are exceedingly important to our students. We truly appreciate all that you do."

What Students Say

"I have realized some of my mistakes from my past and how I can move forward in my life and how I can make better choices..."

"...I learned that I should wait to be sexually active until marriage. There are more diseases I am at risk of [getting] than I knew about, so that's a great motivator to wait."

"I learned that a healthy relationship has to start out with you knowing, trusting, relying and committing first. In any good relationship, communication is a big key part. Waiting until marriage is good."

"I learned that you can get STD's or STI's from other ways [not just through intercourse] but other types of physical contact. And some of them you can never get rid of!"

"I did not know that condoms aren't 100% effective!"

"I learned about having a positive relationship and the steps I can take to do that. This impacted my life because I have made mistakes and have had bad relationships and now I'm choosing to be a better me and respect myself and not always worry about what others want from me."

WANT TO HELP GUIDE OUR YOUTH?

Volunteer to be a Sexual Risk Avoidance Instructor and teach our young people about abstinence through our Creating Positive Relationships curriculum. Contact us today!

SHARYLL MARTIN, SRA DIRECTOR abdirector@firstchoiceforwomen.org (765)286-6085



The *Jingle all the Way* Christmas musical benefiting First Choice for Women was a HUGE success, providing more than \$10K to help women and families in need!







Did you know?

by Lisa Miller, CEO

United Way Gives

Did you know that First Choice for Women can receive donations through the United Way? Simply designate the funds to First Choice for Women when pledging through your company's United Way campaign drive!

Kroger Community Rewards

Did you know that every time you shop at Kroger or Payless stores in Anderson or Muncie, Kroger will donate to First Choice for Women through Kroger Community Rewards? Simply sign-up for a Community rewards card at https://www.kroger.com/account/ communityrewards/, complete the registration form, enter First Choice for Women in the "*Find an Organization*" box, click the SEARCH button, then select the location you want to receive the donation (i.e. FIRST CHOICE FOR WOMEN, INC-ANDERSONMADISON CO, or FIRST CHOICE FOR WOMEN, INC-MUNCIE) by clicking the ENROLL button.

Matching Contributions

Did you know that many business offer matching contribution to qualified 501 (C) (3)'s like us?

First Choice for Women currently recieves matching donations from Bristol-Myer Squibb, but there are many other companies that offer this benefit. Check with your employer to see if matching contributions are available for you!

Corporate Giving Programs

Do you know if your employer has a giving program?

Many businesses want to increase their impact and employee engagement with a giving program that will yield the most beneficial outcomes. First Choice has been vetted by, and currently recieves employee donations distributed from his/her employer through Benevity. Find out if your employer offers a giving program today!

Choose Life License Plates

Did you know when you select an "Indiana 4 Life/Choose Life" license plate in Delaware or Madison County, First Choice will receive a portion of the purchase price? To learn more or get your plate visit <u>www.in.gov/bmv/2620.htm</u> today!

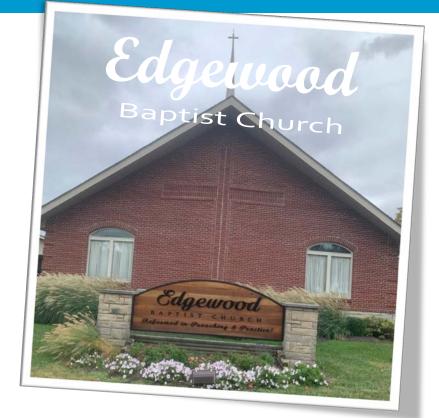


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421 S. Walnut St. | Muncie, IN | 765-284-3833 | www.pridemarkconstruction.com Many thanks to Mike Tschuor of Pridemark Construction, We are truly grateful for all you do for First Choice for Women!



This quarter, First Choice for Women recognizes another one of our wonderful supporting churches, Edgewood Baptist Church. Pastor Andy Lutz has led the ministry since 2000 alongside his wife of 22 years, Heather Lutz.



The congregation of about 150 meet on Sunday mornings; Sunday school at 9:45am and Worship at 10:45am. Additionally, there is a weekly Sunday evening worship service at 6:00pm and weekly prayer meeting on Wednesday evenings at 7:00pm.

Edgewood Baptist offers a variety of group ministries to ensure every member has the opportunity to get involved. There are Sunday school classes for all ages along with the opportunity to be part of the youth group for middle and high school students. There is also a young adults group. The youth group visits a local Anderson nursing home monthly to provide a Sunday service for the residents.

Edgewood Baptist values their mission to "come before God's people and preach Christ as the final authority". Pastor Lutz goes on to say "It is my mission to make Christ known and to encourage believers to walk in Him".

Their values are extended through supporting organizations like First Choice for Women. "We support First Choice for Women and partner in standing for the sanctity of life stating that every human life conceived is made in the image of God." We are thankful for their commitment to the gospel of Jesus Christ, and their desire to serve the women and families of Madison County. All the aspects of their ministry are needed in helping Madison County; showing women with unplanned pregnancies compassion, educating them on their alternatives to abortion, counseling those who are postabortive, and mentoring to those who are caring for young children."

When asked why Edgewood Baptist became involved with First Choice for Women, Pastor Lutz said "For many years we supported the Crisis Pregnancy Center in Anderson. Since its' closing, we had been searching for another ministry with a strong commitment to the gospel to get involved with. One of our church members, Michelle Holmes, invited us to a fundraiser at First Choice. There we were able to learn more about what they do and what they believe"; and they have been involved ever since.

In addition to their financial support, Edgewood Baptist has members who volunteer in the center on a regular basis. Heather and Laruen Lutz, wife and daughter of Pastor Lutz, are both active volunteers who go above and beyond to support the mission of First Choice for Women and the clients we serve.

On behalf of First Choice for Women staff, clients, and volunteers, THANK YOU, Edgewood Baptist, for your generous support for this ministry.

WANT TO HELP SAVE & CHANGE LIVES IN ANDERSON/MADISON CO.?

Are you, your small group, or anyone you know interested in learning more about our programs or how you can make a life-saving, life-changing difference in Anderson and Madison County?

Please Contact:

ALYSSA RITCHIE, CENTER DIRECTOR fcamcdir@firstchoiceforwomen.org (317)922-7204

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- How do I select to support First Choice for Women when shopping on AmazonSmile? On your first visit to AmazonSmile (smile.amazon.com), before you begin shopping, you need to select First Choice for Women, Inc. as your charitable organization in order to allocate donations from eligible purchases. AmazonSmile will remember your selection, and then every eligible purchase you make at smile.amazon.com will result in a donation.

For more information please visit http://smile.amazon.com/about/ref=smi_ge_rcl_lm_raas

QCD Could Be the Right Choice for You!

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Upon reaching age 70 ½, account holders of Traditional Retirement Accounts must take an annual Required Minimum Distribution (RMD) from the account. The IRS permits the account holder to send the RMD (or more, up to \$100,000) directly from a Traditional IRA (only) to a 501(c)(3), like First Choice for Women, as a charitable contribution, excluding the contribution from your taxable income.

With the increased Standard Deduction, many people will no longer itemize and therefore do not get a tax benefit from making charitable contributions. Utilizing the QCD allows people to continue to contribute and eliminate those gifts from taxable income.

Please discuss this strategy with your CPA, tax preparer or wealth management representative and reduce your income taxes while helping to change the world - *one life at a time* - through your support of the First Choice for Women ministry.

Thank You World Changers!







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It Takes Courage to Change the World! Get Involved Today and Help Change the World One Life at Time!

- □ I would like to learn about becoming a First Choice for Women volunteer or board member.
- □ I would like to be a Life Ambassador for First Choice with my church/group/organization.
- □ I would like to learn more about becoming a volunteer Abstinence Education Instructor.
- □ I am considering a gift or becoming a monthly donor, please contact me.
- □ Please add me to your email list in order to save postage expense.
- □ I will be a prayer partner and commit to pray for this ministry.
- □ I would like to be a team captain at the next Walk for Life.
- □ I would like to be a table host at the next banquet.

Email

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YES! I Want to Change the World - One Life at a Time!

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